### How to get an automatic alert to new posts if you use Facebook.

On the AHPCC Facebook page, click on the ‘like’ button for the page (not just an individual post) – it’s just to the right of the large print title. You should find that it changes to ‘liked’, and in the box next to it, the previously greyed-out ‘Follow’ changes to ‘√ Following’.

As long as you have this setting, you will receive a notification on your own Facebook page whenever anything happens on the AHPCC Facebook Page. You do need a Facebook account to use this, and to use Facebook regularly – this won’t send out email alerts.

(The same applies to any organisation that you’re interested in – it’s the group equivalent of a ‘friend’!)  
If you want to stop receiving posts, just click the ‘follow’ button again – the box will change to ‘+ Follow’ and you will stop receiving posts.