

1. About GSTT

Guy's and St Thomas' NHS Foundation Trust is one of the largest and oldest Trusts in the country with over 900 years of history. Our Trust includes Guy's Hospital, St Thomas' Hospital, Evelina London Children's Hospital and community services in Lambeth and Southwark.

The Trust is strengthening its partnerships with local people, as well as neighbouring NHS Trusts, Health Authorities, Local Authorities, GPs and the local Primary Care Groups. It is one of the largest employers locally and works hard to reflect the cultural and ethnic diversity of the communities it serves in Lambeth, Southwark and Lewisham. Currently, the Trust has around 15,300 staff, an annual turnover of £1.5 billion and 2.4 million patient contacts per year

The Trust has these five values which help us define and develop our culture: (1) Putting patients first (2) Taking pride in what we do (3) Respecting others (4) Striving to be the best and (5) Acting with integrity.

*Source: <http://gti/about/about-the-trust.aspx>
[Accessed on: Thursday 1st Feb '18]*

2. The Spiritual Health Care Department

The Spiritual Health Care Dept (the Chaplaincy Team) is multi-faith and belief and an integral part of the Trust in its effort to deliver holistic health care to patients. The department offers spiritual, religious, pastoral, ethical and cultural care to patients, staff, patients' relatives/carers and visitors. The department comprises of full-time, part-time and bank chaplains, Chaplaincy volunteers, trainee chaplains and placement students.

Chaplaincy Volunteers Role:

Chaplaincy volunteers help with wards visits, listening to and giving encouragement to patients, Sunday Eucharistic ministry, the clothing store, chapel and prayer room duties, training simulations, and helping patients to attend religious services. They also provide a link between the Trust and the local community, patients, ward staff and chaplains. Our volunteers work alongside a team of experienced staff chaplains to bring spiritual health care to patients and their relatives of all faiths and none.

Most volunteers work generically, assigned to specific wards, going from bed to bed, visiting patients but some are also religion or belief specific, particularly if they are an under-represented group within the team. You will be supported and supervised by members of the Chaplaincy Team on regular basis.

Skills Required: You must possess the ability to put people at ease and be able to listen and offer support without judgement. You must be friendly & outgoing and able to approach people sensitively. You must be reliable and committed to the role. You must be a regular committed person from your faith or belief group and able to support people with shared beliefs and experiences. You must be a loyal and responsible team player, being willing to work with and support people from different faith, beliefs and ethnicities to your own.

3. Chaplaincy Volunteers Training

To help us achieve this we organise a five day **Foundational Chaplaincy Course** to equip our volunteers for this special service.

The five day training include the following topics:

- (1) What is Health Care Chaplaincy Volunteering
- (2) Listening Skills Level 1
- (3) Communication Skills Level 1
- (4) Spiritual, Religious & Pastoral Care Level 1
- (6) Simulation Exercise (Ward Experience Module)
- (7) Religious Rites & Rituals
- (8) Multi-Faith Working & Cultural Care Level 1
- (9) Loss, Bereavement & Trauma
- (9) Sage & Thyme (Distress Intervention)
- (11) Major Incident, Trauma & Psychological First Aid
- (12) **Mandatory Training:**

- Equality & Diversity
- Mental Capacity & Barbara Story (Dementia)
- Fire Training
- Health & Safety
- Violence & Aggression
- Infection Control Awareness & Hand Hygiene
- Safeguarding Vulnerable Adults
- Child Protection
- Information Governance

4. Fire, Trauma & Disaster Chaplaincy

Our course also includes basic training in Fire, Trauma & Disaster Chaplaincy. Most of the required topics are covered in the Chaplaincy Volunteers Training strand plus the following:

1	What is Fire, Trauma & Disaster Chaplaincy?
2	Introduction to Trauma
3	Life cycle of Trauma
4	Fire Ground and Ward Care
5	Life Cycle of Care & Major Incidents
6	Spiritual First Aid
7	Ethics of Trauma & Professional Practice, Helpful & Unhelpful Practices
8	Self-Care and Boundaries

5. Sitting by the Bedside Training

- Explanation of Ministry
- Dying Patients
- Palliative Patients
- Sitting with Carers
- Self Care and how we help you to help our patients
- Practical – Sitting in Silence
- Practical – Resources for the dying
- Religious and Cultural Practices, Praying for the dying

6. Training Fee:

There is a required training fee of **£180.00**. For those who are going to volunteer with us, this fee is fully refundable after you volunteer with us for a minimum of 3 hours per week within a maximum of 6 months period after your training; or upon completion of 100 hours of voluntary service with us within a maximum of 6 months period after the training. Failure to comply with this requirement will lead to your training fee being non-refundable.

5. Requirements for Prospective Chaplaincy Volunteers

Prospective candidates need to:

- Be a regular worshipper or observant with a Faith/Belief Community recognised by the Network for Pastoral, Spiritual and Religious Care in Health (NPSRCH)
- Be able to have a clean fully enhanced DBS (Disclosure and Barring Scheme) with POCA (Protection Of Children Act) & POVA (Protection of Vulnerable Adults)
- Be available to visit patients for at least 3 hours a week for a minimum of 6 months after approval and training
- Be willing and able to attend supervision regularly
- Be able to attend the Chaplaincy Team annual study day
- Be willing to follow the trust's equal opportunities policies
- Be eligible to be registered with the UK Board of Health Care Chaplaincy
- Provide a reference from a person of authority in your faith/belief community who will state that you are a regular worshipper or observant member, and that they will recommend, supervise and support your work within the Chaplaincy Team.

Please note:

This five day training is from:

- **Date:** 13th - 17th May 2019,
- **Time:** 9am-5pm daily
- **Venue:** Guy's & St. Thomas' NHS Trust.

Applications close on Friday 22nd March 2019

6. Contact for application forms and further details:

Revd Nana Kyei-Baffour
Chaplaincy & Spiritual Health Care
Guy's & St. Thomas' NHS Foundation
Trust, 1st Floor, South Wing
Westminster Bridge Road
London. SE1 7EH.
Tel: 02071881187 or 02071889844
E-mail: Nana.Kyei-Baffour@gstt.nhs.uk

Or:

Revd Mia Hilborn on:
Tel: 02071881186/7
E-mail: Mia.Hilborn@gstt.nhs.uk



Guy's and St Thomas' 
NHS Foundation Trust

Foundational Chaplaincy Course
For

Chaplaincy Volunteers,
Postgraduate Students
and
Fire, Trauma & Disaster Chaplaincy

13th -17th May 2019