

Bruce Kinsey

Keynote Session Description

Walking in the valley of shadows and deep darkness

in this talk Bruce will explore some of the issues faced by those trying to offer hope, light and possibility and how sometimes those can be attacked, diminished or challenged, often by those supposedly on 'our side'. He will be reflecting on the concept of the shadow and how standing for light can also bring and create darkness. In part some of this will be considering the dynamics of our institutions and how that impacts on our task. Sometimes we also seem to engage in our own damage as a cry for help, rather than a sign of incompetency. Our task is often to listen, see and pause. We also have to walk into the valley of darkness and deep shadow and try to bring the light with us, and keep ourselves and the light alive.

Workshop Details

Nurturing our journey, engaging with our shadow

The thoughts presented in the Keynote session will be pursued and explored more in the workshop 'nurturing our journey, engaging with our shadow'. In this we will consider more personally what we need for our own journey, where our vulnerabilities lie, and how we can get support as well as support ourselves so we can continue to work in difficult and sometimes near impossible situations. Some of this we will do together, and some of it we will do in private and safely. Being vulnerable, open and honest with our difficult bits is not an easy task, and we will consider how best to be open and explore this territory.