

Places limited – please book early!

Peter Gilbert came to Ammerdown for the first time in 2007. His retreat for hospice workers was so well received that we had no hesitation in inviting him again. He was delighted to accept, as he believes that this kind of retreat is more needed than ever in a world where hospice workers often find the values for which they joined the profession at odds with the business environment in which they work.

Peter has requested that places be limited to 12 in order to facilitate sharing and mutual support, so early booking is recommended.

Peter explains: **“The retreat is about creating a safe space to share at a deep level and take comfort from each other, and also take time to step back and reflect on what is happening to us and around us”.**

Peter is well placed to lead a retreat for hospice workers. He started work life as a social worker, and is now Professor of Social Work and Spirituality at Staffordshire University, National Lead on Spirituality at NIMHE (National Institute for Mental Health in England). He is also the author of *Leadership: Being Effective and Remaining Human*.

FEEDBACK FROM PAST PARTICIPANTS

“Peter met all my expectations and more! He made everyone feel at ease and followed the needs of the group – contributing self-disclosure and wide-ranging knowledge and experience as appropriate.”

“He gave us time and created a safe and inclusive place for us to share our experiences. He was also very good at stimulating debate and discussion.”

“Excellent mix of input and participation. I feel so relaxed and refreshed.”

“Ammerdown is such a great venue for a retreat. Nothing is too much trouble, the staff is friendly and approachable, and the surroundings beautiful and ever so peaceful”.

The Ammerdown Centre is a Conference and Retreat Centre, located in idyllic Somerset countryside, 12 miles outside Bath and 16 miles outside Bristol. It is run as an open Christian community, dedicated to hospitality, spirituality and growth.

Ammerdown is renowned for the warmth of its welcome and for its excellent home cooking. There are 40 en suite bedrooms, with tea/coffee making facilities.

If notified in advance, the kitchen can cater for vegetarians and vegans. We can also cater for dairy free and/or gluten free diets, but a surcharge of £5 per day will apply, in order to cover the extra costs. Unfortunately, the kitchen cannot cater for food allergies such as nuts or seafood.

Retreat participants are asked to arrive by 6pm on Tuesday 15 July. The retreat will finish after lunch on Thursday 17 July. Places are limited to a maximum of 12.

The *all inclusive* cost of the course is **£155 residential** and **£103 non-residential**. Bursaries of up one third of the fees are available for those on benefits or low income. Please note that evidence of status will be required on application. If you are unsure as to whether you are eligible, please contact the Centre.

To book a place on the retreat, please complete the form overleaf and return it to the Ammerdown Centre, along with a deposit **cheque**. We do not accept debit or credit cards.

For more information, including a map and travel tips,
visit www.ammerdown.org,
email centre@ammerdown.org
or call 01761 433709

The Ammerdown Centre, Ammerdown Park, Radstock, BA3 5SW

